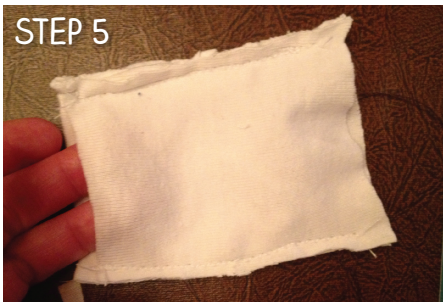

DIY FOLD-OVER CUFFS

(TO PREVENT SCRATCHING FOR EXCEMA BABIES!)

MATERIALS NEEDED:

- Jammies or long-sleeve onesie (for finished)
- Long sleeve onesie or shirt (to cut up)
- Thread
- Sewing Machine, Scissors

STEPS:

1. Cut the long sleeves off the scrap shirt.
2. Cut the hems off the sleeves of the finished projduct clothing.
3. Cut a big “notch” out of the wrist side of the sleeves. This will be the depth of the fold-over. Don’t make it too shallow or baby can push her hand out.
4. Fold the long part over the notch, then turn the whole thing inside out.
5. Stich both sides, making sure that you’re getting the flap inside sewed down.
6. Turn it right side out to check your progress, then back to inside out for the next step.
7. To sew the cuff onto the sleeve, slide the inside-out cuff onto the right-side out sleeve of the shirt. Align with the bottom of the sleeve.
8. Sew it on (I didn’t pin... just carefully pull the sleeve out of the way when sewing on that small loop.
9. Pull the cuff right-side out and TA-DA!!

NOTES:

Measure from your baby’s shoulder to her wrist and also to the tip of her hands. My 7-mo old is 7” to wrist, 9” to hand. My goal was to make the mittens 8.5” from shoulder to closed mitt. Also I made the mitts close on the front, with the flap up and open on the back of her arm, so plan accordingly in step 7. And I suck at sewing, so no judging. If you are awesome, feel free to send me some of your homemade onesises!! :)